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## May 2018 Communicator

### President's Message

**MSHA**  
[www.mshaonline.org](http://www.mshaonline.org)  
Email: [msha@fmdh.org](mailto:msha@fmdh.org)

#### FEELING DISCONNECTED IT'S ALWAYS TIME TO RECONNECT

Over recent months and years I have watched the steady loss of my connections with my mother. Her decline finally resulted in a move to a memory care facility in April. When our children were young my mother-in-law lived with us for five years and, as I watched her dementia diminish her ability to connect with us, I developed an even larger appreciation for our need to communicate with others. In our busy worlds where we often do not have the luxury or energy to seek relationships, they are even more essential...something we all need in order to feel the fullness of life. Mutually caring relationships require kindness and patience, tolerance, optimism, joy in each other's achievements, confidence in oneself and the ability to give without undue thought of gain. We need to accept the fact that it is not within the power of any human being to provide all of these things all of the time. We are most successful when we are part of a team where everyone shares in the hard work, the vision and the success. ***"I try to take one day at a time, but lately several days have attacked me at once."*** Anonymous

As I have traveled to speak to groups across the state, the need to connect within our professions has been more apparent than ever. I particularly enjoyed speaking with the group of SCHWA students at the U of M in mid-April. Our future in our professions is in enthusiastic and very capable hands. I know I have been greatly blessed by the many people I have been able to meet and come to know. Making these connections often involved hard work, but you can expect that you do not have to do it alone. To me this is what communication is all about... connecting in a community where people listen to themselves and others, where they try to understand what they have heard and then respond with all the creativity and care that their life has allowed them to develop.

Continued on page 6....

How many MSHA members do we have currently?

14 Audiologists  
3 Dual (Speech Pathologist/Audiologist)  
132 Speech Pathologists  
74 Students

**223**

#### Special points of interest:

- *Membership Update*
- *University Graduates*
- *Earbud Information*
- *MAG Update*
- *Joke*
- *May - Better Speech & Hearing Month*
- *Facebook / Pinterest*
- *MSHA Appreciation*
- *Mission & Vision*
- *CSPD Representative Needed...*
- *Telepractice Update*
- *CEA Needed*
- *Cute Screening...*

#### Dates To Remember

**May is Better  
Hearing and Speech  
Month!**

**MSHA Fall  
Convention  
October 18-20, 2018  
Helena, MT**

## University Information

The graduate class of 2018 and UM faculty and staff would like to thank MSHA for an excellent lunch on 5/11/18. Students received their MSHA folders, certificate of congratulations, and a coupon for a reduced rate on their first professional year as a MSHA member.

Professors Griffin and Schoffer Closson shared with the graduate student that the annual MSHA convention is not just an educational opportunity, but a time of reunion. We look forward to seeing our colleagues in the future and learning about their wonderful and exciting endeavors!

### *Congratulations to the 2018 Graduates of the CSD Program*

#### *The 28 Graduates are:*

*Amy Anderson, Ingrid De Graaff Stuart, Terese DeLaney, Susanna Megorden, Jennifer Murphy, Andrea Salazar Martin, Taylor Williams, Laura Allred, Cailen Bosch, Sheena Carrigan, Julie Cooke, Cheska Dietsch, Molly Foster, Rachel Friez, Rebecca Halpin, Brooke Horton, Mackenna Kuehl, Jessica LeClaire, Anna Metropoulos, Elizabeth O'Shea-Betker, Erin Powers, Kimberly Ramsey, Julia Read, Nicolette Selensky, Kailey Sheldon, Kaylee Swope, Lorraine Thunstrom, and Laiken Wilkening*  
*We look forward to working with you in future years...*

## CSPD Representative Needed

Jennifer Closson would like to pass the baton as MSHA representative for the Comprehensive System of Personnel Development (CSPD). The CSPD uses a process which includes preservice, inservice and technical assistance for parents, general education staff, administrators and other service providers with the end result being better programs and services for all children and youth. This is accomplished by collaborating with all stakeholders, disseminating best practices, and the evaluation of CSPD activities. Montana CSPD is organized through a statewide council and five regional councils.

If you are interested in representing MSHA, please email Jennifer at [jennifer.closson@mso.umt.edu](mailto:jennifer.closson@mso.umt.edu) CSPD meets 3 times a year: Early May, September, and one by remote access in January. All meetings are in Helena and CSPD reimburses travel and lodging costs. This is a committed group of individuals invested in quality education and training for service providers across the state.

## Telepractice Information

Montana Telepractice celebrated its fifth anniversary on April 1, 2018. Governor Steve Bullock signed SB230 into law on April 1, 2013. To celebrate, Rachel Stansberry and Diane Simpson held a webinar on March 27th entitled "Montana Telepractice Turns 5, Time for a Check-up". Rachel and Diane shared how things have changed in the last five years and what is on the horizon for telepractice in Montana. If you are interested in learning more about telepractice or have questions please contact Rachel Stansberry at [rachelstansberry@uwalumni.com](mailto:rachelstansberry@uwalumni.com) or Diane Simpson at [speechpath@3rivers.net](mailto:speechpath@3rivers.net) They would be happy to answer any questions you may have.

## ACE Award Recipients from ASHA

MSHA received notification from ASHA that there are some professionals in our state who earned an Award for Continuing Education (ACE). They earned 7.0 ASHA CEUs within a 36 month period. Please join MSHA in congratulating the following individuals from Montana who were recognized. These listed individuals are also members of our state MSHA organization.

Name		Award Presented	City, State
Julia Borgreen		December 2017	Great Falls, MT
Judith Clark		October 2017	Livingston, MT
Jenna Griffin		November 2017	Missoula, MT
Janis Hayes-Strom		October 2017	Billings, MT
Carol Morse		October 2017	Billings, MT
Catherine Off		November 2017	Missoula, MT
Diane Simpson		October 2017	Fort Shaw, MT
Julie Wolter		November 2017	Missoula, MT
Amy Yockey		October 2017	Hamilton, MT

Thank you all for your obvious dedication to this profession & to MSHA.

### Thanks to MSHA.....

Hi there,

I just wanted to say THANK YOU to the MSHA Board and Members for all your hard work to reduce our annual license fees! It makes a big difference for me and a lot of my colleagues. I am renewing my MSHA membership today! I really appreciate the work you do for SLPs and Audiologists in MT. Keep up the great work! :)

Kaitlin Sonderer, M.S., CCC-SLP

I echo Kaitlin's sentiments and her very large THANK YOU to the MSHA Board and members who worked so hard to get the fees reduced. Sorry I was unable to attend the meeting Saturday.

Alida Wright, M.S., CCC-SLP

### Working with Medicaid in the schools? Please look at this information.....

This message is from Carol Morse, our SMAC/STAR Representative. State Medicare Administrative Contractor and State Advocates for Reimbursement are what these acronyms stand for..... Please check out this link for Medicaid in schools:

It includes a new issue brief from MACPAC on Medicaid in the Schools.

<https://www.macpac.gov/wp-content/uploads/2018/04/Medicaid-in-Schools.pdf>

### Community Outreach Summary:

The available balance in this fund is \$1,407.10

Please contact Leah Jacobsen at [leahjacobsen@hotmail.com](mailto:leahjacobsen@hotmail.com)

if you need to find out how to access a portion of these funds for your client needs.

## ANSWERING QUESTIONS about ASHA vs MSHA CEU's

### What's the difference between ASHA vs. MSHA sponsored CEU's?

The Licensure Board will accept both ASHA and MSHA approved events. MSHA facilitates this process through one of our CEU administrators, Anne Juel or Mary Callahan. These ladies and the MSHA Board screen, endorse, and submit the necessary paperwork to MSHA and/or ASHA. Any event or organizer can request these CEUs if they follow the proper steps which can be found on either ASHA or MSHA websites or by contacting

**Anne Juel at [annejuel2002@yahoo.com](mailto:annejuel2002@yahoo.com) or Mary Callahan at [slp.callahan@yahoo.com](mailto:slp.callahan@yahoo.com)**

**Is it free?** Yes, if you are a MSHA member, we cover the cost of administering these CEUs. When a workshop advertises "free MSHA /ASHA CEUs" this means that the processing of CEUs is free, not that the workshop is free. **What do I do if I want to have an event sponsored?** Follow the steps on our website or contact Anne or Mary for more information.

### CEA - Needed Soon....

MSHA is looking for a new Continuing Education Administrator (CEA). The CEA is trained by ASHA and is responsible for helping organizations that are seeking ASHA CEUs. The CEA

helps organizations meet ASHA requirements in their conference planning, in completing the pre and post paperwork for awarding ASHA CEUs to the conference participants, and in helping ASHA members from across Montana that are completing an Independent Study for ASHA CEUs. This position will be open soon, and it is a great way to become involved with MSHA.

If you have any questions, or would like to receive the job description for this position, please contact Anne Juel, CEA.

[annejuel2002@yahoo.com](mailto:annejuel2002@yahoo.com)

April 10th visit with the SCHWA student group.  
Submitted by Lezlie Pearce-Hopper



The Board approved a \$10 reduction in membership fees beginning now and lasting until end of June in recognition of May is Better Hearing and Speech Month.

Membership is \$65.00 instead of \$75.00...

Mail your payment to:

MSHA; PO Box 1065; Glasgow, MT 59230 by June 30th for discounted price!

Earlier this spring I was conducting a hearing screening on a little girl. Low frequencies went without incident. I then switched to a high pitch and she started laughing and laughing. I asked why she was laughing and here's what she had to say... "That beep was just SO CUTE!"... Kids always make the work more interesting... Shar

Hi y'all! Can you believe that we are nearly halfway through another year? Time seems to be moving so fast. It is time for us to start thinking about MSHA Board elections and nominations for open positions. I am seeking nominations for the following Board positions:

President-elect  
Secretary  
SLP at-large  
Audiologist at-large  
Student representative

## Call for Nominations...

I'm sure that each and every one of you knows some energetic and dedicated folks who would be great additions to our Board. Heck, maybe YOU'RE one of those folks. Please send me any and all nominations no later than August 1 (you can send them to: [cdrescher@rmec.com](mailto:cdrescher@rmec.com)). Elections will be held at our annual conference in October! Submitted By: Catherine Drescher



### Montana Audiology Guild (MAG) Update

The Montana Audiology Guild met at Chico Hot Springs on May 4 and 5 for continuing education and our semi annual business meeting. Fifteen audiologists gathered, networked, learned about new technology, soaked, ate and talked about the "state of Audiology in Montana". Lauren Snyder from Cochlear Americas spoke with us about a new way to wear the Baha bone conduction device and updated candidacy information. On Friday afternoon Sarah from Starkey spoke to the group about recent advances in Starkey hearing aid technology.

We spoke also about recruiting more audiologists to participate in the annual MSHA conferences. As always, it's great to network with fellow professionals whether it's in the conference room or in the hot springs or around a dining table. Thanks to all who participated!

Submitted by: Kristy Foss

Audiologists in this picture: Sharlene Schmidt, Hillary Carter, Doug Rehder, Jennie Sabers, Trang Rogers, Nathan Putnam, Gene Bukowski, Crystal Dvorak, Kelsey Mann, Sue Bressler, Kristy Foss, and Nancy Dold

*We all have stories to share and this could be a fun part of The Communicator to include as well. If you have one to share with membership please email me at [msha@fmdh.org](mailto:msha@fmdh.org)... Shar*

Send speech, language, or hearing related jokes or stories to [sharlene.schmidt@fmdh.org](mailto:sharlene.schmidt@fmdh.org)

Our MSHA 2018 conference is all about communication and connections within and outside of our organization. You will want to check in frequently with our website as we continue to update and make improvements. We will feature many of the speakers for our conference. MSHA will soon have a position paper on the role of licensed assistants in our professions. Our president-elect and I will be attending the Council of State Association President's conference in St. Louis in mid-May. We will make connections with bordering states as well as across the country.

On Wednesday, October 17<sup>th</sup>, following the MSHA Annual Board Meeting I will be holding a President's Reception. On Saturday morning, October 20<sup>th</sup>, MSHA will sponsor a past president's breakfast. Thursday evening, October 18<sup>th</sup> following the poster presentations my friend and Montana recording artist Bruce Anfinson, who has been called *Montana's Musical Ambassador* will entertain us with the state's natural wonders and rich cultural heritage portrayed so well in his songs. Bruce has shared the stage with such musicians as Merle Haggard, Michael Martin Murphy, Tony Rice, Bill Stains, Doc Watson, [David Grisman](#), Ramblin' Jack Elliot, [Rob Quist](#), [Jack Gladstone](#), Kostas, Big Sky Mudflaps, Mission Mountain Wood Band, Doug Kershaw, and Pure Prairie League, to name a few.

Dr. Samantha Shune will present a full day in the area of Swallowing. She is an assistant professor and teaches in the area of medical speech-language pathology, including dysphagia and voice disorders. Her research and clinical interests include the effects of healthy and pathologic aging on the physiologic and communicative aspects of the swallowing and mealtime process. Prior to returning to school for her PhD and throughout her program, she worked as an ASHA certified speech-language pathologist in various medical settings (inpatient/outpatient rehabilitation, skilled nursing, acute care), with a particular focus on dysphagia and stroke rehabilitation. She received her degrees at the following universities:

B.A., University of Michigan, Linguistics and Psychology

M.A., Ohio State University, Speech and Hearing Science

Ph.D., University of Iowa, Speech and Hearing Science

**Please look for more information on our conference speakers and program  
on the MSHA Website.**

I want to thank you all for sharing your time, your commitment and your energies. Visualize that new role you are considering. Look to the future and see the possibilities. You are not in this alone and as a team we make the connection and make the difference.

*"An organization cannot survive on its past accomplishments, but must continually examine itself, its programs, and its objective with the framework of its goals (mission). . .*

*It must pursue something systematically, for it is what it is going to become and not what it has been that is most important."* Author Unknown

*Thank you for taking the time, year after year, to connect  
and make a difference together in our communities.*

Happy Spring,  
Lezlie Pearce-Hopper  
2018 MSHA President

**Need to Update Your Membership? If any of your information has changed please email [msha@fmdh.org](mailto:msha@fmdh.org) so those changes can be made in the database....**



Montana Speech-Language Hearing Association Annual Convention  
October 18-20, 2018  
Helena, MT

More details coming soon.

### Earbud Info

"The World Health Organization estimates over a billion young people are at risk for hearing loss because they use earbuds." Audiologists say listening to music on an iPhone at full volume any longer than five minutes is unsafe and the warning signs can be subtle. "The child is mishearing certain words, it's not that they don't hear you they may just misunderstand what you're saying or they're having more difficulty hearing in a noisy setting when there's a lot of background noise or more than one speaker," said Dr. Katie Pawlowski, an audiologist.

#### According to experts, parents who allow kids use headphones should take these important steps:

\* If you can hear it, it is too loud \* Keep the volume around 50 percent \* Have your child take breaks to let ears rest "I'm seeing a lot of increase in tinnitus, of ringing in the ears, in younger children," said Pediatric ENT Dr. Karin Hotchkiss. "Normally, older people could express that they were having ringing or buzzing, thinking that was just more common as we age. Now, we're seeing an increase in teenagers and even younger children, as down to age four or five." Hotchkiss says using headphones that go into the ear canal can up the ante nine or 10 decibels. That's the equivalent of a jet plane taking off.

#### Here's how to cap the volume on Apple iPhones:

1. Click the gear icon to take you to "Settings"
2. Scroll down to "Music"
3. Toward the bottom you should see "Volume Limit"
4. Set the volume to desired volume
5. To set that limit, go back to the main settings menu and find "General"
6. Once you click that, find "Restrictions"
7. You'll be instructed to put in a 4-digit passcode
8. Scroll down to the menu items labeled "Allow Changes," there you'll see "Volume Limit"
9. Make sure "Don't Allow Changes" has a check mark next to it.

Hotchkiss recommends these headphones which have a decibel limit and are safe for kids. The third pair is a limiting cable that will lessen the decibels. \* iClever Kids Headphones \* Gadgets SharePort Headphones \* Kidz Gear Volume Limiting Cable

### Vision

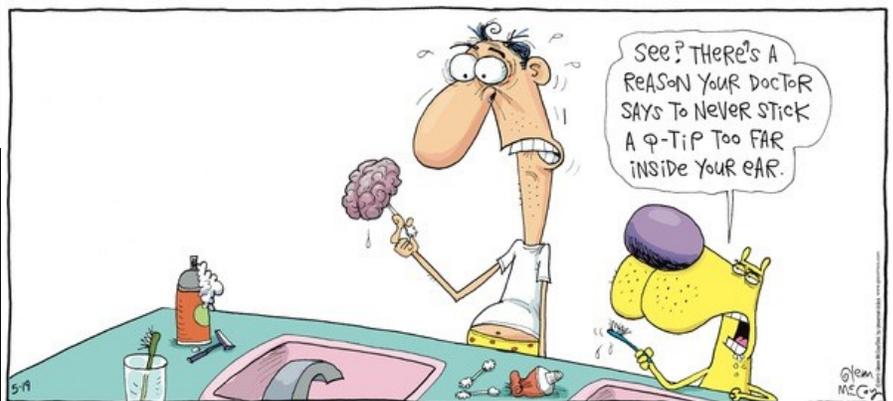
Montanans will access speech, language, and audiology services from the highest trained professionals.

### Mission

Provide and promote education, networking and advocacy for professionals and the public with quality and compassion.

THE DUPLEX

BY GLENN MCCOY



For those of you interested in receiving this newsletter in an emailed version rather than a printed version please let Sharlene know by emailing her at [sharlene.schmidt@fmdh.org](mailto:sharlene.schmidt@fmdh.org) so your preference can be accommodated...



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Check us out on Facebook also

*Improving communication for life...*

**MAY IS BETTER HEARING AND SPEECH MONTH**  
**Ways to Celebrate**  
 Check out Montana MSHA on Pinterest  
 Call to reserve your room in Helena for Convention  
 Have fun with us on Facebook  
 RENEW YOUR MSHA DUES  
 I **am** a current MSHA Member (We thank you)  Share your stories  
 I **am not** a current MSHA Member (Please consider rejoining us)

## Executive Board Members

President	Lezlie Pearce-Hopper	pearcehopplk@gmail.com
Past President	Catherine Drescher	cdrescher@rmeec.com
President Elect	Kathleen DeLapp-Cohn	rcna.kds@gmail.com
Secretary	Shelby Midboe	shelby.midboe@gmail.com
Treasurer	Sharlene Schmidt	sharlene.schmidt@fmdh.org
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If you have ideas for topics in the Communicator please email  
msha@fmdh.org and share your requests.....